

A Medieval Traveler: An Experiment

If your persona traveled, how would he or she have done that? Where would they go and what would they bring? What would you bring if you were camping overnight with only things that you can carry?

In this experiment we will do just that; wear and pack items that your persona would have and camp overnight using only period items.

Where and when is this happening?

[Harvest Home](#) in Nordskogen on Saturday October 20th to Sunday October 21st.



Who is in charge?

Master Bart (bart@bsaxton.com) and Maestra Giovanna (valkyr8@yahoo.com)

Who can participate?

Everyone is welcome and there are two levels to participate:

Novice Level: Arrive with good shoes, period clothes that will keep you comfortable outside and a willingness to learn. You can choose to walk with the campers to our destination or simply meet us at our camp and spend the day learning lessons on various topics. Some classes could include: how to construct a pack, set up a simple shelter, start and tend a fire, cook over a fire, sew a water bottle, make a bed, and forage for food. You can come and go when you wish to attend other activities and sleep in your tent, cabin, hotel, or home at the end of the day.

Pyxis Level: You can only use period items that your persona would use. This includes clothing, headwear, leg and foot coverings, storage bags, shelters, packs, tools, cooking equipment, and eating and drinking items. We are recreating a trek from point A to point B so multiple trips to carry gear are not allowed. If you have a period hand cart, you can use that to transport your items, if not, you will need to use a pack or a bag. **NO ANIMALS ARE ALLOWED**, unless they are certified service animals. All Pyxis Level participants will camp overnight using only period materials for shelter and warmth. You are required to teach on a topic of your choosing during the day. At night you are required to have a song or story prepared to entertain your fellow travelers. Sunday morning we will break camp and walk back to civilization.



What is the plan?

We meet Saturday morning with our gear at 9 am in the main structure at the event. Pyxis level participants will lay out all of their items for inspection. Everyone will inspect each other's items and judge if something can or cannot go. You do not need to provide documentation for your items, but be ready to explain your choice of gear.

After inspection we will pack up and walk a pre-determined route to our campsite. The walk will last one hour, minimum, to simulate a day's trek and to test how our packs function. All participants can walk together or the Novice participants can meet up with the group at the Traveler's Camp. On arrival we will set up camp and start the various lessons.

Modern items allowed: First aid kit, medicine, emergency phone, prescription eyeglasses, and bug spray. The organizers of the activity reserve the right to remove modern items from the camp. We will use the site restrooms.

The organizers will provide the following Items: a water source, a fire ring or pan, and firewood.

Resources:

La Cotte Simple: Hiking the Camino Primitivo, a Medieval Immersion: A series of blog posts that chronicles a group of modern pilgrims traveling the primitive route of the El Camino wearing and using medieval items.

<http://cottesimple.com/uncategorized/medieval-travel/camino-primitivo/>

East Kingdom Royal Foresters: It is the purpose of foresters to research, recreate, educate and demonstrate historical tools, methods, equipment and techniques for living, camping, traveling and cooking, in the outdoors or in wilderness locations. <https://scaforesters.wordpress.com/>

